



**BARBROOSE**  
*Living Beautifully Strong and Courageous*

Thank you for your interest in my booking information and stopping by to download a copy of my 2025 speaker packet!

As you prayerfully search for right speaker, my goal is to provide all of the information that you need as quickly and efficiently as possible. This includes timely responses to phone calls and emails!

This packet includes my speaking topics, booking information and speaking fees. I also encourage you to check out my video speaking clips at [barbroose.com/speaking](http://barbroose.com/speaking).

While I've provided a lot of helpful information in this packet, there are three things that you should also know about me:

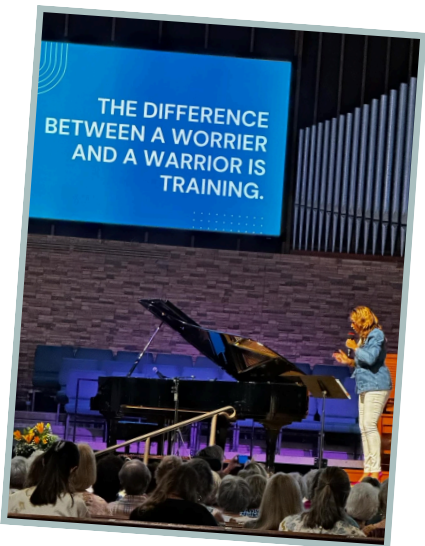
1. My relationship with Christ is the most important relationship in my life.
2. I love teaching straight from the Bible and equipping audiences to walk in God's life-transforming truth.
3. I'm fun and easy to work with! Check out my recommendations from event planners and I can provide more five-star recommendations upon request.

**I'd also love to send you a complimentary copy of one of my Bible studies. Send me an email with your mailing address and I will send one to you.**

I trust that God will lead and guide you through your planning process. No matter who speaks at your event, I will be praying for you!

All God's best to you,

*Barb*





Barb Roose is a popular speaker and author who is passionate about teaching women to live beautifully strong and courageous over fear that they experience God's great adventure of faith and purpose for their lives.

Since 2005, Barb regularly speaks to groups from 80 to 8,000 in both the US and abroad. She loves teaching at churches and women's conferences around the country, including national platforms such as the Aspire Women's Events, She Speaks Conference, and the UMC Leadership Institute. Since entering full-time ministry as a speaker and author in 2016, Barb speaks 20+ times a year at both live and online events.

Barb is a traditionally-published author of seven Bible studies, including: *Surrendered: Letting Go and Living Like Jesus*, *Finding Jesus in the Psalms*, *Breakthrough: Finding Freedom in Christ*, *I'm Waiting, God: Finding Blessing in God's Delay* and *Joshua: Winning the Worry Battle*.

She has authored five books, including *Surrendered: 40 Devotions to Help You Let Go and Live like Jesus* and *Enough Already: Winning Your Ugly Struggle with Beauty*.

Barb's newest book is titled *Stronger Than Stress: 10 Spiritual Practices to Win the Battle of Overwhelm*. There is also a separate *Stronger Than Stress* Bible study, too!

In 2025, Barb's next study *Matthew: Pray Like This* (Zondervan, 2025) will release.

Barb's writings have also appeared in Simple Truth Magazine, iBelieve.com, Crosswalk.com, More to Life Magazine, Just Between Us Magazine, Women of Faith and others. She is a part of the popular (in)courage writing team.

A frequent missions participant, Barb enjoys serving in foreign countries. She's the proud mother of three adult children.

In her free time, Barb loves traveling, reading, and whenever possible, she prefers to eat dessert first.



# Barb Roose Recommendations



*It was a joy to work with Barb! From the beginning she was extremely organized, which helped me in having all the information I needed to get approval from our event leadership team. Barb was a true partner with us for this Women's Conference, taking time to chat with ladies, share meals with the emcees, and fully engage in the experience with the guests. We would most certainly have her back.*

**-Lydia Marvel, Gull Lake Ministries Women's Conference**

*Our entire Women's Ministry team thoroughly enjoyed working with Barb. She was prompt in her response during our planning process. She communicated effectively and was easy to work with. She tailored her message to our women and our theme for the event. She is an engaging and entertaining speaker. Her love for God's Word and ability to teach it inspired our women to seek out more opportunities for Bible Study in our ministry.*

**Michelle Raby, Special Event's Coordinator, Hope Church | Memphis, TN**

*Barb is professional and timely and her content is on point. She recorded a virtual presentation with us and her engagement on the screen was dynamic. Each audience member could feel she was speaking directly with them.*

**Erin Gerster, Event Manager, Compassion International**

*We invited Barb back to speak at our full-day conference for emerging leaders because she is so dynamic! Not only was she well received by the audience she was easy to work with, personable and spent time listening to the other speakers and interacting with the attendees. Her high energy and enthusiasm were amazing. You won't be disappointed when hiring Barb for your next event.*

**Sara Swisher, Vice President Talent & Workforce, Toledo Chamber of Commerce**

*Barb was a keynote speaker at our women's conference just this past weekend. She was a pleasure to work with, so flexible and positive. When Barb got up on the platform to speak she just came alive. She connected with the women and shared a powerful message. I highly recommend Barb as a speaker for your event.*



**Lori Schofer, Iron Sharpens Iron Women's Event**

# Barb Speaking Topics | 2025

## Breaking Your Stress Cycle

Did you know that God created stress? Sounds crazy, right? Yet, do you understand why God created stress and how it is a protective function for your body?

Barb teaches the basic of how and why God created us with a stress response and the factors that lead to a lifestyle of chronic stress. Using Paul's teaching on spiritual growth, Barb provides tools to help you identify the source of your stress, scripture-based exercises to break your physical stress response.

## Stronger Than Stress

Everyone experiences seasons of stress, but you aren't condemned to a lifestyle of constant chronic stress. Yet, how many of Christian women are stuck in constant stress and feeling discouraged in their Christian life.

If we believe that Jesus came to bring us freedom, then it means that you can learn to live free from the spiritual problem of chronic stress. Barb teaches from Jesus' words in Matthew 11 and equips you to experience the unforced rhythms of grace so that you can experience God's strength and peace.

## The Power of Surrender

Is there something in your life that you've been trying to control, but you can't? No matter how hard we try to protect what we love, fix what's broken or try to keep everything on track, there are just some things we're powerless over. What do we do, especially when so much is on the line?

Barb teaches powerful lessons from Jesus' time in the wilderness to provide powerful principles and practical next steps to help you experience the peace that comes from letting go and living like Jesus! On the other side of surrender, we discover God's great adventure of faith and the opportunity to use our lives experience to make a difference.

## Winning Your Worry Battle

Do you or someone that you know struggle with worry or anxiety? If you've been stressed out during the day or pacing the floor sleepless at night, the good news is that God wants you to WIN your worry battle!

By taking an in-depth look at Joshua 1 as well as Jesus' example in the New Testament, Barb shares two practical tools that work to equip your audience to win their worry battles so that they can experience God's power, peace, provision and promises in their every day life - no matter what trials or challenges they are facing.

## Taking Care of You

Do you take care of everyone before taking care of yourself? Do you feel guilty about taking a day off or push yourself past exhaustion on a regular basis? It's time to embrace that selfcare is not selfish!

No matter the age or stage of your audience, women will enjoy Barb's biblical teaching on self-care as well as the fun and practical tips she offers to equip women to live for the glory of God, benefit others, and to bless themselves!

Additional speaking topics available.  
Watch video clips at [barbroose.com/speaking](http://barbroose.com/speaking).

# Barb's Books & Bible Studies



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Teaching You to Live Beautifully Strong & Courageous in Christ Because God Has a Great Adventure of Faith and Purpose for Your Life!

The complex block features a grid of Barb Roose's books and Bible studies. The top row includes 'Surrendered', 'Breakthrough', 'Joshua: Winning the Worry Battle', and 'I'm Waiting on God'. The middle row includes 'Finding Jesus in the Psalms', 'Enough Already', 'Winning the Worry Battle', 'Surrendered', and 'Beautiful Already'. The bottom row features two covers for 'Stronger than stress' Bible studies. The central text reads: 'Teaching You to Live Beautifully Strong & Courageous in Christ Because God Has a Great Adventure of Faith and Purpose for Your Life!'.

Barb's Bible studies include participant workbooks, leader guides and DVDs (digital downloads available)



Make sure to email Barb for a complimentary copy of a Bible study just for downloading this speaker packet!

# BONUS! Women's Ministry/Small Group Leader Workshop

**Do you want more women to experience your Bible studies?  
Are you looking to attract new volunteers or recruit new leaders?**

“The presentation left me wanting more – more info, more training, more insights into reaching women for Jesus. Thanks for having a well-organized, informative, and inspiring workshop.”  
-Amy E.



When you book me for a women's conference or retreat, I would love to provide a BONUS women's ministry workshop session for your women's ministry leaders or small group leaders. I love equipping leaders to love and serve others - and it is a joy for me to invest in local churches everywhere!

For 14 years, I served on staff at my local church. One of my roles as Executive Director of Ministry for our five campuses and 9,000 attendees was developing training resources and curriculum for our 400+ small group and Bible study leaders. I'm passionate about teaching leaders how to lead others well, how to recruit new leaders and grow spiritually themselves.

I offer two workshops that focus on increasing Bible study attendance, attracting and retaining volunteers and connecting with the next generation. I've facilitated these workshops at LifeWay Christian Stores, churches and during leadership events.

Workshop #1: [Creating Connection for Women at Every Age and Stage](#)

Workshop #2: [Beautiful Bible Studies: Draw Women In & Keep Them Coming Back](#)

Let's talk about how to add a 90-minute workshop either before, during or after your event. I would love to add value to the leaders who serve your church so well - and this is a great event to invite new or prospective leaders.

# Speaking Fees & Booking Information

As a professional speaker, Barb speaks 20-25 times a year at conferences, events and online. Event planners enjoy Barb's professionalism, integrity and her ability to captivate their audiences with biblical soundness, practical application, personal stories and humor.

As a traditionally-published author of many books and Bible studies and over twenty years in leadership and teaching experience, Barb loves equipping women at every age and stage in life with God's truth and hope.



1. **PAYMENT:** Hosting church or organization is responsible for payment of speaker's travel expenses (including transportation, lodging and meals).
2. **MILEAGE/AIR TRAVEL:** Speaker will drive up to 200 miles to a speaking engagement. If driving, 2025 Federal mileage rates will apply. For engagements over 200 miles away from speaker's residence, air travel will be necessary. Speaker's preferred airport is Detroit-Wayne Metro (DTW). Preferred airline is Delta and please request Known Traveler Number for TSA Pre-Check. Air travel should be booked by hosting organization at least three months prior to speaking engagement. Please contact speaker before booking to confirm travel dates, times, and airline. Ground transportation by hosting organization must include at least one adult female at all times. \*No mileage expenses for events less than 60 miles.
3. **HOTEL BOOKING:** If speaking engagement is 100 or more miles away from speaker's residence or speaker's arrival time is scheduled before 8am, a hotel reservation may be requested. Speaker requires hotel with interior room entrances and prefers hotel brands similar to Marriott, Hilton Garden Inn, Holiday Inn Express, Country Inn & Suites or Residence Inn. Hotel rooms should be prepaid in advance.
4. **FOOD PREFERENCES/ALLERGIES:** No allergies. Preferred choices: fresh chopped fruit, salads, water, Kind Bars and soft cookies. Preferred restaurants: Mexican, seafood, Chipotle and Chick-fil-A.
4. **PANDEMIC RELATED CONDITIONS:** Please see the following page.

## 2025 SPEAKING FEES

**Single Presentation - \$2500**

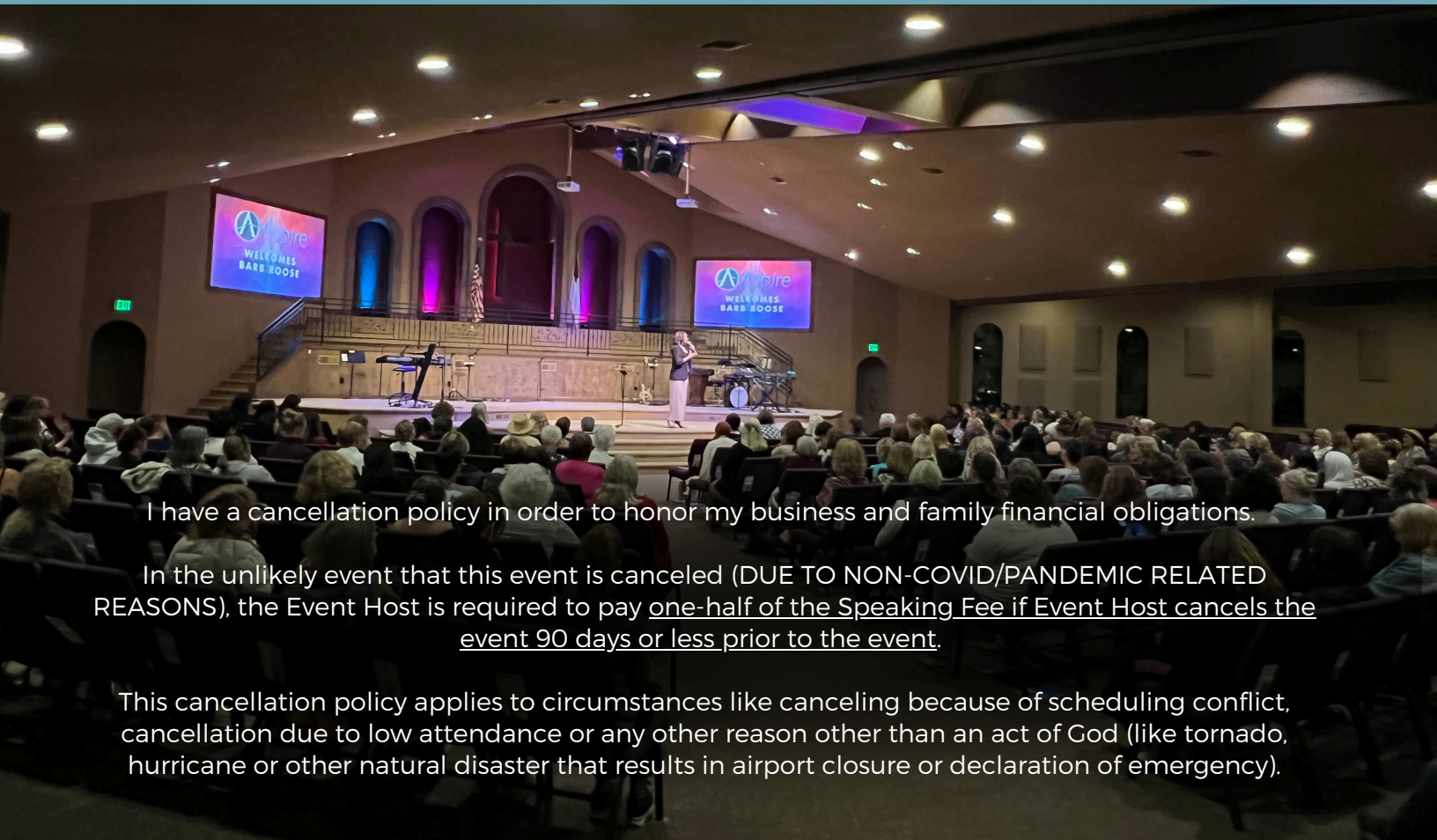
**Single Day - 2-3 presentations - \$4000**

**2-3 Day/Weekend Retreat - \$5000**

Full fee payable when speaker arrives at the event, unless prior arrangements are made. No deposit required.

Barb's speaker agreement outlines complete financial arrangements.

# CANCELLATION INFORMATION



I have a cancellation policy in order to honor my business and family financial obligations.

In the unlikely event that this event is canceled (DUE TO NON-COVID/PANDEMIC RELATED REASONS), the Event Host is required to pay one-half of the Speaking Fee if Event Host cancels the event 90 days or less prior to the event.

This cancellation policy applies to circumstances like canceling because of scheduling conflict, cancellation due to low attendance or any other reason other than an act of God (like tornado, hurricane or other natural disaster that results in airport closure or declaration of emergency).

## PANDEMIC-RELATED INFORMATION

COVID/PANDEMIC RELATED CANCELLATION - If Event Host's local, state, national government declares a stay-at-home/quarantine order related to any pandemic/Covid-19:

SCENARIO #1: Within 90 or more days before the your event, the Event Host has the option of adapting to an online experience, rescheduling for a future date or terminating event with no cancellation fee;

SCENARIO #2: If the Event Host's local, state, national government declares a stay-at-home/quarantine order related to a pandemic or specifically COVID-19 within 0-89 days of the event, the Event Host has the option of adapting to an online experience, rescheduling for a future date or terminating event with cancellation fee equally 50% of speaker fee for the event.

FINALLY: If the Event Host church leadership cancels the event within 90 days of the event for COVID-19/Pandemic related reasons (with no re-schedule) BUT there isn't a stay-at-home or quarantine order, the cancellation fee equal to 50% of speaker fee will apply.