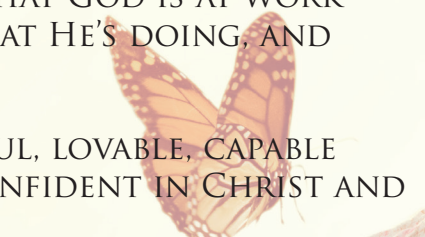


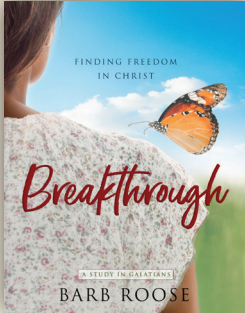
# Breakthrough

FINDING FREEDOM IN CHRIST

## FREEDOM PRINCIPLES

1. THE GOSPEL IS BASED ON GOD'S PERFECT PROMISES, NOT OUR PERFORMANCE.
  2. A RELATIONSHIP WITH GOD MEANS THAT WE RECEIVE FROM HIM RATHER THAN FOLLOW RULES FOR HIM.
  3. YOUR FREEDOM IN CHRIST CANNOT BE SHAKEN OR TAKEN AWAY BY ANYONE WHO CHOOSES NOT TO LIVE LIKE CHRIST.
  4. FREEDOM IN CHRIST IS LIVING FREE FROM FEAR AND FULLY ALIVE WITH JOY AND PURPOSE.
  5. SPIRITUAL BREAKTHROUGH IS AN AH-HA MOMENT WHEN WE RECOGNIZE THAT GOD IS AT WORK WITHIN US, RECEIVE WHAT HE'S DOING, AND RESPOND TO IT.
  6. YOU ARE GOD'S BEAUTIFUL, LOVABLE, CAPABLE DAUGHTER. YOU ARE CONFIDENT IN CHRIST AND WORTHY OF GOD'S BEST.
- 

## BIBLE STUDIES



Let go of feeling like you are not a “good enough” Christian and find freedom in Christ by studying Paul’s letter to the Galatians.

Have you ever felt that being a good Christian means you’ve got to follow a bunch of rules and measure up?

If so, you aren’t alone! In this six-week Bible study of Galatians, Barb Roose shows us that even the believers in the early church struggled to let go of rule-keeping and performance in order to embrace God’s free gift of grace.

If you’ve ever struggled with these questions or felt trapped by rules or religion, this study will provide a path to discover your freedom in Christ.

*Breakthrough:*  
*Finding Freedom in Christ*

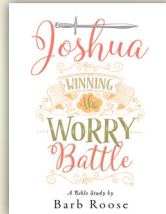
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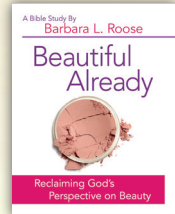
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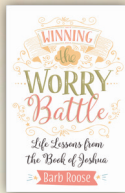
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**Barb Roose** is a popular speaker and author who enjoys teaching and encouraging women at conferences and events across the country, including the *Aspire Women's Events*, *SheSpeaks*, and many more. She is the author of three books and five Bible studies. She blogs regularly at [BarbRoose.com](http://BarbRoose.com) and hosts the *Better Together* podcast. Barb is the proud mother of three adult daughters and lives in Toledo, Ohio. Whenever possible, she prefers to eat dessert first.

Available wherever books are sold.  
Find samples and excerpts at [AbingdonWomen.com/BarbRoose](http://AbingdonWomen.com/BarbRoose)

