

# 10 Beautiful Bible Verses

*For When You Feel Down, Depressed or Ugly*

**Then God looked over all he had made, and he saw that it was very good! -Genesis 1:31**

*I am beautiful because God made me!*

**Give all of your worries and cares to God, for he cares about you. -1 Peter 5:7**

*I will give God all of my fears ( and remember, worry causes wrinkles!)*

**For we are God's masterpiece. He has created us anew in Christ Jesus, so we can do the good things he planned for us long ago. -Ephesians 2:10**

*I am treasured, priceless and valuable in God's eyes.*

**To all who mourn in Israel, he will give a crown of beauty for ashes, a joyous blessing instead of mourning, festive praise instead of despair. -Isaiah 61:3**

*No matter where I've come from or what I've been through, God can bring beauty out of my brokenness.*

**I have loved you, my people, with an everlasting love. With unfailing love I have drawn you to myself. -Jeremiah 31:3**

*God loves me and I can never lose His love. No matter what.*

**So whether you eat or drink, or whatever you do, do it all for the glory of God.**

**-1 Corinthians 10:31**

*I should enjoy food and worship God, not the other way around.*

**Don't you realize that your body is the temple of the Holy Spirit, who lives in you and was given to you by God? You do not belong to yourself, for God bought you with a high price. So you must honor God with your body. -1 Corinthians 6:19-20**

*God owns my body so I should treat my body in a way that is respectful to God.*

**This means that anyone who belongs to Christ has become a new person.**

**The old life is gone; a new life has begun! -2 Corinthians 5:17**

*I am a new person in Christ, so I don't have to beat myself up over past abuse, mistakes or failures.*

**Guard your heart above all else, for it determines the course of your life. -Proverbs 4:23**

*I do not have to let negative thoughts or feelings live my heart and mind.*

**Thank you for making me so wonderfully complex! Your workmanship is marvelous—how well I know it. -Psalm 139:14**

*God made me a 10 - both inside and out!*